



The Early Years

Sharyn Timerman

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What is a Temper Tantrum?

It is an uncontrolled outburst of anger that says “I have tried desperately to make the world go my way”

Does this seem familiar?

Your child is screaming and you’re in the supermarket, or maybe the doctor’s office or a family dinner with the grandparents. Perhaps you’re simply trying to head out the door for daycare or school.

Wherever the place or the circumstance, you like so many parents are frustrated, confused and even embarrassed.

When children are in “Tantrum mode” , they are out of control. This is not something they planned, they’re not having a good time and most importantly they cannot hear you.



Before we can teach children what we expect of them in any situation, we must clearly define for ourselves what we want to have happen, giving them the opportunity to make mistakes, give consequences that teach and assure them they have the opportunity to “get it right”

The “Tools in your pocket workshop” will help you to not fear tantrums and not feed them either and lets children know what we want or expect while fostering positive self- image and self-esteem.

There is a “Treasure Chest of Tools” available to help you with your child’s tantrums at any age and I mean any age!

Here’s what one parent had to say:

“Our 2 year old son’s behavior had gotten to the point that we dreaded going anywhere or doing anything. Events that were supposed to be fun (like vacations and birthday parties) were stressful and not enjoyable. From the time he was around 10 months old, it seemed that all he did was scream. If you are reading this and you’re feeling alone and desperate or miserable in your situation, I urge you to reach out to Sharyn. She is simply amazing! She was a total stranger who changed our lives. Coming across Sharyn’s name on the internet one miserable night in November was the best thing that ever happened for my family.”

Amanda and Luc, Montreal.

Do you look like this at times? While we have all been there, we also don’t have to be in “crisis” to learn some valuable tools.



January 27, 2015 7:00pm-9:00pm

2 hour evening includes:

detailed hand-out and question & answer period

Cost: \$30 per person

Curzon Pre-school

88 Ballantyne Ave. North, Montreal West

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